

Canyoning in Chapada dos Veadeiros, Brazil

[Chapada dos Veadeiros](#)' peaceful tranquility and laid-back vibe combine with clean air, clear waterfalls, and beautiful high desert scenery for the perfect respite from Brazil's busy cities. Hiking, cycling, bird watching, and canyoning are just a few of the outdoor adventure options in the area – all of which are a stone's throw away from such classic and historic Brazilian towns such as [Alto Paraiso](#) and [Sao Jorge](#).

From Alto Paraiso, drive to the Rio Dos Couros trailhead and hike along the river for a few miles to the scenic Couros waterfalls. The great guides from [Travessia](#) set us up with a delicious lunch before helping us rappel down the gushing upper cascades. A temporary zipline sent us splashing into a cool pool at the base of the falls just in time to appreciate the sinking sun. Wrap up the day with a massage and mineral bath under the stars at [Spa Mandala](#) in town.

The nearby village of Sao Jorge, is something out of a fairytale, where candles are still used to light many of the buildings at night. Try the hike to the crystal mines and impressive Black River Falls from the interpretive center at the head of town. Enjoy a refreshing swim at the base of the falls or in the river off the main trail on your way home. Explore the heart of town to absorb the comfortable, carefree ambiance that permeates the life here - you'll see children laughing while they play and adults sharing stories from their doorsteps. Pause to shop for handmade jewelry at the local shops, and enjoy a good cup of coffee at the [Bambu Brasil Café](#).

For more information contact Ion David at [Travessia](#) (62) 3446 1595.

We recommend these accommodations - [Pousada Maya](#) in Alto Paraiso; [Casa das Flores](#) in Sao Jorge.